

SMUS MIDDLE SCHOOL ATHLETICS May 16-21

	Boys Rugby Grade 6/7/8	Girls Rugby Grade 6/7/8	Sailing Grade 6/7/8	Track & Field Grade 6/7/8
Mon	SMUS Black & Red Practice 3:30-4:45 (Field A)	Grade 6/7/8 Jamboree @ Shoreline 1-4pm Bus departs 1:00 Bus returns 4:00		3:30-4:30 Sprints/ Jumps/ Throws/ RELAYS / 1200
Tues	Grade 8 VIDEO SESSION 3:20-4:00 Room 308		4:00-6:00 pm RVYC Bus departs 3:35 Bus returns 6:15	
Wed	JAMBOREE: BLACK & RED @ SMUS 8:30-3:00pm Grade 8 Practice 3:30-4:45			TRACK & FIELD MEET #2 @ UVIC 3:45-6:00 pm Bus departs: 3:10/ returns approx. 6:20
Thur				
Fri	SCHOOL	CLOSED	FOR	LONG WEEKEND
Sat			12:00-2:00 pm RVYC	