



# Spring 2023

Calendar and Program Guide



We are excited to present **SMUS' Spring Camps Calendar** for 2023!

For the week of March 20-24 our lunch program will automatically be included in the cost of camp.

Included in the lunch is a different main dish every day, along with a full salad bar, and a choice of juice, milk or chocolate milk.

Please be advised that not all programs include a hot lunch. See the Spring Calendar below for more information on which camps include our hot lunch program.

If you wish to opt out of the lunch program, it can be done at the time of registration.

We look forward to welcoming you back to SMUS in Spring 2023!

For more information please email [externalprograms@smus.ca](mailto:externalprograms@smus.ca)

## SMUS Camps - Spring Calendar 2023

March 20-24	March 27-31 *	April 3-6 *
<p style="text-align: center;"><b>Under the Sea</b>                      Ages: 5-10                      Time: 9am to 4pm                      Price: \$350  <i>*lunch included</i></p>	<p style="text-align: center;"><b>Keep It Moving!</b>                      Ages: 5-10                      Time: 9am to 4pm                      Price: \$300</p>	<p style="text-align: center;"><b>Natures Gone Wild!</b>                      Ages: 5-10                      Time: 9am to 4pm                      Price: \$240</p>
<p style="text-align: center;"><b>Fashion Design &amp; Sewing Combo Camp</b>                      Ages: 10-14                      Time: 9am to 4pm                      Price: \$410  <i>*lunch included</i></p>		<p style="text-align: center;"><b>Byte Camp: Graphic Design &amp; Printing</b>                      Ages: 9-12                      Time: 9am to 4pm                      Price: \$315</p>
<p style="text-align: center;"><b>Rex Sports Annual Spring Break Camp</b>                      Ages: 8-15                      Time: 9am to 3pm                      Price: \$310  <i>*lunch included</i></p>		

*\*lunch program not available*

**Registration opens January 3, 2023 at 8:00am**

[Click here to register!](#)



## **Rex Sports Annual Spring Break Camp**

School is out and what better way to stay in touch with your friends and meet some new ones than our annual Rex Sports basketball camp. Our coaching staff is tailored to train players of all skill levels and will be excited to see some familiar as well as new faces. The coaching staff consists entirely of current and former collegiate and varsity players as well as high school coaches. All of our coaches strive to create a positive, fun, and safe environment for all of our campers. The week will be challenging and require hard work as we focus on skills and drills, but it's well balanced with fun and competitive gameplay. Included in the program is a premium camp shirt along with the opportunity to win tons of prizes and awards!

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## Byte Camp - Graphic Design & Printing

Learn how fun and easy it can be to design and fabricate your very own Pinterest-worthy stickers, buttons, cards, and more! Students will learn how to design original digital artwork and print and cut out their art with a precision die cutter. Lots of cool take-home projects along the way.

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## Fashion Design & Sewing Combo Camp

In this camp, students will learn industry standard fashion design techniques in both technical drawing and illustration, gain valuable tips in how to replicate different fabric textures, and develop their familiarity with an extensive amount of vocabulary related to styles and design elements found in apparel. Students will discover how designers find inspiration all around them and apply this knowledge to develop their own thematic collection of fashion designs using a variety of art mediums.

All hands on deck for this creative sewing and fibre arts camp! This week students will explore the creative space that intersects art and sewing. Students will learn a variety of sewing and fibre art techniques as they complete several engaging projects to take home. Students who have taken the Sewing & Textile Arts camp during Spring break will discover new techniques and projects this week. Felting, quilting, Japanese Sashiko stitching, and printmaking on fabric are all on the menu! Camp cost includes the daily hot lunch program.

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## **Under the Sea**

This week we are diving deep into a world under water. There are creative sea related crafts every day, including a glitter water jar, sea paintings, and more. Along with crafty ideas, we will include some outdoor time to explore more of what nature has to offer!

## **Keep It Moving!**

This week come join us on our week of active fun. We have outdoor and indoor time planned for basketball, soccer time, Frisbee, and obstacle course time. So, if you like to keep moving, this is the camp for you!

## **Natures Gone Wild!**

Let's have some unique outdoor adventures to end the summer! We'll spend a day at the beautiful Esquimalt Lagoon, test your camouflage skills in woodland trails, and learn something new with a guided hike. We'll bake some healthy treats to take along with us and go to many awesome parks to play.

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