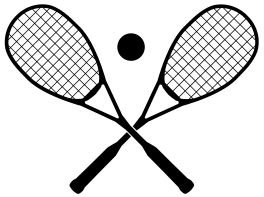
High Performance Squash Camp

Summer 2026

Overnight Program



	Mon Aug 3	Tue Aug 4	Wed Aug 5	Thu Aug 6	Fri Aug 7	Sat Aug 8	Sun Aug 9
7:45-8:45		Breakfast					Departure for International campers
9:00-12:00		Opening Remarks Training	Training	Training	Training	Game Play	
12:00-13:00		Lunch					
13:00-16:00	Arrival Time 14:00 - 16:00	Training / Game Play	Training / Game Play	Training / Game Play	Training / Game Play	Game Play Closing Ceremonies 2:00-3:00pm	
17:00 - 17:30		Free time	Free time	Free time	Free time	Departure for Domestic campers	
17:30-18:30	Dinner						
18:30 - 20:00 20:00-21:00	On Campus Activity *Evening Activity*	On Campus Activity *Evening Activity*	Off Campus Evening Activity	On Campus Activity *Evening Activity*	Off Campus Evening Activity	On Campus Activity *(International campers only)*	
21:00 - 21:30	Snack						
21:00-22:30	Free Time						
22:30	Lights Out						

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